Social Determinants of Health Clinical Practice Guidelines

The World Health Organization defines social determinants of health as follows: "the conditions in which people are born, grow, work, live, and age, and the wider set of forces and systems shaping the conditions of daily life. These forces and systems include economic policies and systems, development agendas, social norms, social policies and political systems."

Social Determinants of health include factors such as income, social support, early childhood development, education, employment, housing and gender.

Social Diagnosing Addressing the social determinants is an important and emerging area of practice that entails starting earlier and broadening the scope of interventions, thus making entire families and communities healthier.	Treat patients with dignity and respect and create safe spaces for disclosure.
	Take a little extra time per consultation to address complex health and social needs to improve anticipatory and coordinated care and improve patient enablement.
	Ask patients about potential social challenges in a sensitive and culturally acceptable way (such as lack of employment, food insecurity and discrimination, physical and sexual abuse, and history of psychological trauma, low literacy, legal or immigration status issues, fears regarding health care or barriers to making appointments).
	Integrate information on social challenges into the medical record to ensure that the entire care team can take these considerations into account during care planning.
Social Prescribing Involves connecting patients with various support resources within and beyond the health system.	Know about local referral resources for specific social challenges
	Referrals to community based support groups, housing advocacy organizations, employment agencies, etc.
	Advocate for patients, help patients to access benefits or programs to which patients are entitled.
Screening Tools Examples of Screening Tools available for social needs of Members	Your Current Life Situation (YCLS) survey
	Protocol for Responding to and Assessing Patients' Assets, Risks and Experiences (PRAPARE)
	CMS Accountable health communities Health-Related Social Needs (HRSN)
ICD-10 Codes Encounter reason codes used to document SDOH data	There are ICD 10 codes that identify non-medical factors that may influence a patient's health status, such as the member's socioeconomic situation, including education and literacy, employment, housing, lack of adequate food or water, etc. These are supplemental diagnosis codes (not admitting or principal diagnosis codes). Including SDOH ICD-10 codes in the medical record/claims can help with care coordination and quality improvement initiatives. (see attachment)

Resources:
https://www.cdc.gov/publichealthgateway/sdoh/index.html
https://www.ahrq.gov/sdoh/practice-improvement.html

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5135524/
https://www.cdc.gov/social determinants/tools/index.htm
https://www.aafp.org/fpm/2018/0500/p7.html

Z Code	Description	Z Code	Description
Z55	**Problems related to education and literacy**	**Z57**	**Occupational exposure to risk factors**
Z55.0	Illiteracy and low-level literacy	Z57.0	Occupational exposure to noise
Z55.1	Schooling unavailable and unattainable	Z57.1	Occupational exposure to radiation
Z55.2	Failed school examinations	Z57.2	Occupational exposure to dust
Z55.3	Underachievement in school	Z57.3	Occupational exposure to other air contaminants
Z55.4	Educational maladjustment and discord with teachers and classmates	Z57.31	Occupational exposure to environmental tobacco smoke
Z55.5	Less than a high school diploma	Z57.39	Occupational exposure to other air contaminants
Z55.8	Other problems related to education and literacy	Z57.4	Occupational exposure to toxic agents in agriculture
Z55.9	Problems related to education and literacy, unspecified	Z57.5	Occupational exposure to toxic agents in other industries
		Z57.6	Occupational exposure to extreme temperature
Z56	**Problems related to employment and unemployment**	Z57.7	Occupational exposure to vibration
Z56.0	Unemployment, unspecified	Z57.8	Occupational exposure to other risk factors
Z56.1	Change of job	Z57.9	Occupational exposure to unspecified risk factor
Z56.2	Threat of job loss		
Z56.3	Stressful work schedule	**Z58**	**Problems related to physical environment**
Z56.4	Discord with boss and workmates	Z58.6	Inadequate drinking water supply
Z56.5	Uncongenial work environment		
Z56.6	Other physical and mental strain related to work		
Z56.8	Other problems related to employment		
Z56.81	Sexual harassment on the job		
Z56.82	Military deployment status		
Z56.89	Other problems related to employment		
Z56.9	Unspecified problems related to employment		

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Z Code	Description	Z Code	Description
Z59	**Problems related to housing and economic circumstances**	**Z62**	**Problems related to upbringing**
Z59.0	Homelessness	Z62.0	Inadequate parental supervision and control
Z59.00	…..unspecified	Z62.1	Parental overprotection
Z59.01	Sheltered homelessness	Z62.2	Upbringing away from parents
Z59.02	Unsheltered homelessness	Z62.21	Child in welfare custody
Z59.1	Inadequate housing	Z62.22	Institutional upbringing
Z59.2	Discord with neighbors, lodgers and landlord	Z62.29	Other upbringing away from parents
Z59.3	Problems related to living in residential institution	Z62.3	Hostility towards and scapegoating of child
Z59.4	Lack of adequate food	Z62.6	Inappropriate (excessive) parental pressure
Z59.41	Food insecurity	Z62.8	Other specified problems related to upbringing
Z59.48	Other specified lack of adequate food	Z62.81	Personal history of abuse in childhood
Z59.5	Extreme poverty	Z62.810	Personal history of physical and sexual abuse in childhood
Z59.6	Low income	Z62.811	Personal history of psychological abuse in childhood
Z59.7	Insufficient social insurance and welfare support	Z62.812	Personal history of neglect in childhood
Z59.8	Other problems related to housing and economic circumstances	Z62.813	Personal history of forced labor or sexual exploitation in childhood
Z59.81	Housing instability, housed	Z62.819	Personal history of unspecified abuse in childhood
Z59.811	…… with risk of homelessness	Z62.82	Parent-child conflict
Z59.812	…… homelessness in past 12 months	Z62.820	Parent-biological child conflict
Z59.819	…… unspecified	Z62.821	Parent-adopted child conflict
Z59.89	Other problems related to housing and economic circumstances	Z62.822	Parent-foster child conflict
Z59.9	Problem related to housing and economic circumstances, unspecified	Z62.89	Other specified problems related to upbringing
		Z62.890	Parent-child estrangement NEC
		Z62.891	Sibling rivalry
		Z62.898	Other specified problems related to upbringing
		Z62.9	Problem related to upbringing, unspecified

Z Code	Description	Z Code	Description
Z63	**Other problems related to primary support group, including family circumstances**	**Z64**	**Problems related to certain psychosocial circumstances**
Z63.0	Problems in relationship with spouse or partner	Z64.0	Problems related to unwanted pregnancy
Z63.1	Problems in relationship with in-laws	Z64.1	Problems related to multiparity
Z63.3	Absence of family member	Z64.4	Discord with counselors
Z63.31	…… due to military deployment		
Z63.32	Other absence of family member		
Z63.4	Disappearance and death of family member		
Z63.5	Disruption of family by separation and divorce		
Z63.6	Dependent relative needing care at home		
Z63.7	Other stressful life events affecting family and household		
Z63.71	Stress on family due to return of family member from military deployment		
Z63.72	Alcoholism and drug addiction in family		
Z63.79	Other stressful life events affecting family and household		
Z63.8	Other specified problems related to primary support group		
Z63.9	Problem related to primary support group, unspecified		

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